

# Application for consultation to determine the status of a novel food pursuant to Article 4(2) of the Regulation (EU) 2015/2283 of the European Parliament and of the Council of 25 November 2015 on novel foods.

## Recipient Member State

Finnish Food Authority

## Name and description of the food in question

Extract powder from the fruiting body of Reishi (*Ganoderma lucidum*)

The extract powder is produced from the fruiting body of the mushroom Reishi (*Ganoderma lucidum*) with a method that utilizes both ultrasonic-assisted extraction (UAE) and traditional hot water extraction. Fruiting bodies are dried and ground, extracted with hot water and UAE treated, freeze-dried, and packed. The Reishi extract powder is used as an ingredient in foods and food supplements.

## Status

Not novel.

## Food category

Not relevant.

## Reasons statement

The competent authorities of the EU Member States and the European Commission were consulted.

According to the Novel Food Status Catalogue of the European Commission, the fruiting body of Reishi (*Ganoderma lucidum*) mushroom has been used for human consumption to a significant degree within the Union before 15 May 1997 and is thus not novel. On a general basis, according to common agreement with the Member states, the same status applies to non-concentrated water extracts of non-novel foods. The difference in this food in question is that the water extraction has been assisted with ultrasound.

Ultrasound-assisted extraction (UAE) is not a new production process, as it has been used within the Union in food production for liquid foodstuff and especially for different plant-based products prior to 15 May 1997. However, according to the information provided in the request, the UAE combined with water extraction has not been previously used for mushrooms in the EU. The question is then, whether this production process, which is novel for mushrooms, gives rise to significant changes in the composition or structure of a food, affecting its nutritional value, metabolism or level of undesirable substances. According to the evidence provided in the request, the UAE method combined with traditional water extraction does not lead to significant changes in the composition or structure of Reishi extract, affecting its' nutritional value, metabolism or level of undesirable substances when compared to the traditional water extraction method.

## Conclusion

Extract powder from the fruiting body of Reishi (*Ganoderma lucidum*) is not novel.